

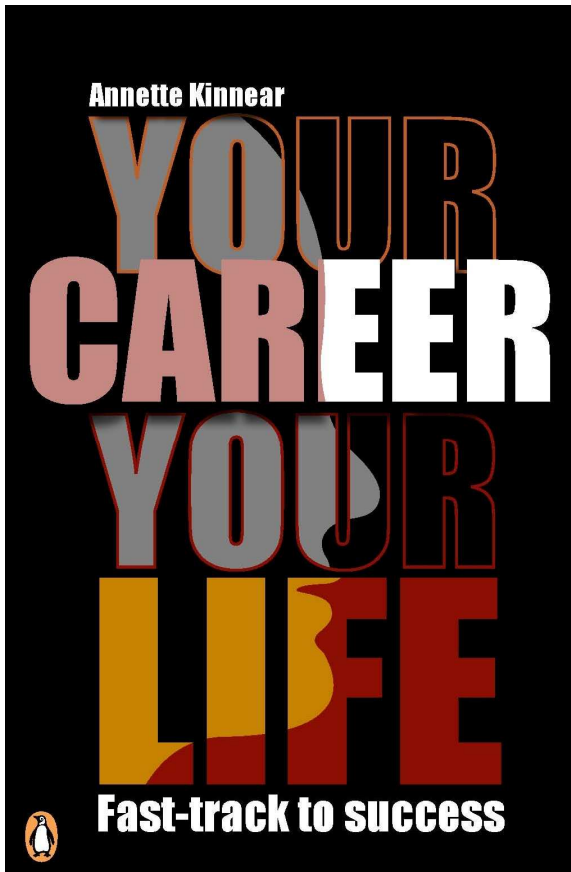
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## INSPIRATION FOR THE FAMILY

In this competitive business world many people find it increasingly difficult to accommodate the needs of work and family. Many perform a juggling act that sometimes works and sometimes doesn't. Guilt and pressure build up if this is not addressed at some point BUT you are never a victim of your circumstances unless you allow it. There are measures you can take to create a harmonious balance between work and home life and be successful and prosper.



### Step 1 – READ THE BOOK *Your Career, Your Life*.

This book is available at your local book store or through the links below.

### Step 2 – FAMILY EXERCISES

Do the exercises in the book, such as drawing up your family's Bill of Rights, your Family Constitution and your Family Pledge together. The book provides the necessary background and framework for this.

### Step 3 – PERSONAL FAMILY FACILITATION

Let IRIE facilitate a gentle, personal learning experience with your whole family. You will grow together and find strength and unity within yourselves. Each session will revolve around a specific topic of your choice.

### Step 4 – CARING FOR ELDERLY FAMILY MEMBERS

If you are unable to do so due to work commitments or geographical restrictions, we will physically assist you with caring for your aged family members by appointing a highly trained and caring facilitator who will spend quality time with him or her on a regular basis. We will take your family member shopping, to the movies or read to them, show them how to use the internet, talk to them or even pray with them, if they wish. After these sessions they will feel valuable, peaceful and refreshed, knowing that you care about them.

For further information, contact [inspiration@irie.co.za](mailto:inspiration@irie.co.za) or call Annette on 082-600-6793.

Ian, then again put the links where they can purchase the book.

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*We inspire. You succeed.*